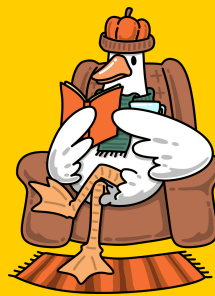


Human Resources Newsletter



Office of the Provost &
University College
November 2025

Hello New Hawkeyes!

Help us in extending a warm welcome to the newest members of the Provost Organization & University College joining us, or transferring to new roles!

Devante Lang, Custodian I, Hancher

Upcoming New Hire Breakfast Club:
November 12th

Newsletter Game: Find a fun new Hawkeye surprise later on! Keep Reading!

HR Resources, News, & Wellness



Mental Health & Well-Being Pecha Kucha

Discover fresh perspectives and innovative practices to support mental health and well-being across campus in this dynamic, interactive workshop series. Elevate your work through tangible takeaways, meaningful connections, and a holistic focus on body, mind, and spirit.

[Well-Being Pecha Kucha Sign Up](#)

Navigating Intercultural Conflicts

This two-part interactive class on November 12 & 19 (10:30–12:00 p.m. via Zoom) will explore intercultural conflict styles using the Intercultural Conflict Style Inventory (ICS).

Participants will identify their personal conflict style and gain insights into how different styles impact communication and conflict resolution across cultures.

[Enroll Here!](#)

Veterans Day Celebrations

Join the University in honoring Veterans Day with a week full of meaningful events across the University of Iowa campus. For the latest updates and full event details, visit the [Veterans Week 2025 events page](#).

Thank you to all our active duty and veteran service members for your dedication and service.

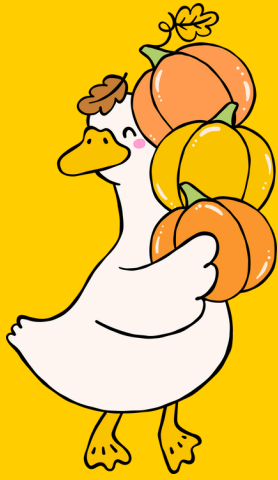
Benefits Open Enrollment Is Live!

Annual benefits open enrollment for faculty and staff began Oct. 31 and ends at 5 p.m. Nov. 14.

[Learn about benefits here.](#)



Looking to give back this season?



The mission of the Food Pantry at Iowa is to provide nutritious food and necessities for University of Iowa students, faculty, and staff in need while also advocating for food security and education.

You can help by donating money, ordering off their direct Amazon Wishlist, or dropping items off! Our team is happy to help!

Monetary:



Mail checks to:
University of Iowa
Center for Advancement
P.O. Box 4550
Iowa City, IA 52244-4550
*Make checks payable to
the Food Pantry at Iowa*

Amazon Wishlist:



If you purchase something on this list, it is shipped directly to us! So, no hassle at all for you!

Drop Off:

You can drop off closed, non-perishable food and hygiene products at the cart near the Food Pantry at the IMU

OR drop items off with a member of our team and we will drop it off for you!



Keep scrolling for a fun surprise!

Supervisor Spotlight

Supervisor Skill-Building Sessions

Wellness & Mental Health

November 18th 12:00-1:00

November 20th 8:30-9:30

Practical Applications of Supervisor Skills (PASS) Program Applications Open!

PASS is a six-week, certificate-based, training series designed for new and emerging supervisors to build practical skills. [Click here for full schedule.](#)

HR October Answers of the Month

What's your Halloween Personality?

#1 Answer: Cozy movie night & cider type of person

What's your ideal way to spend a crisp October weekend?

#1 Answer: Visiting a pumpkin patch or orchard

What do you think will be this year's most common couple costume?

#1 Answer: Elphaba & Glinda

PS: We agree! (Tracey & her daughter)



November Milestones within Office of the Provost & University College!

ONE YEAR

Claire Barrett
Rachel Gamelin

THREE YEARS

Matthew Anderson
Jess Dillahunt
Jan Warren
Candice Wuehle

TEN YEARS

Haley Kamps

TWO YEARS

Fernanda Campos Pardo
Emily Rodriguez

TWENTY YEARS

Laura Zaper

FOUR YEARS

Elizabeth Starr

THIRTY YEARS

Bob Upmeyer

Milestones are reflective of OP/UC dates, not full UI anniversary dates



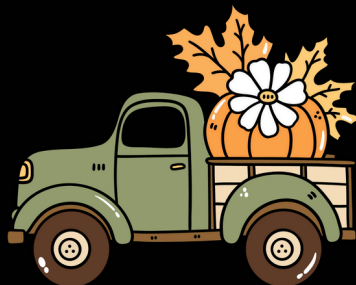
October High Five Recipients

Osei Akomeah
Matthew Augeri
Kaitlyn Bailey
Monica Ernberger
Sauvik Goswami
Joanna Halsch
Ana Jimenez

Mary Paterson
Maddie Schulte
Hannah Shelton-Hauck
Tyler Snelling
Autumn Tallman
Kailyn Thompson
Lisa Von Muenster
Elizabeth Wildenberg de Hernandez

Submit high fives [HERE](#) to recognize your amazing colleagues and teammates!

Congratulations to **Lisa**, our randomly selected high five gift winner! Keep your eyes on campus mail for your gift!



Keep driving on for
the fun surprise!





November Departmental Spotlight

Celebrate the impact
of international
education at the
University of Iowa!

Scan the QR code
for a full list of
events celebrating
international
education at Iowa.



→ [INTERNATIONAL.UIOWA.EDU/CELEBRATING-INTERNATIONAL-EDUCATION](https://international.uiowa.edu/celebrating-international-education)

Each November, the University of Iowa celebrates the many ways international education and exchange opportunities prepare citizens for community building in both national and international settings. International Programs helps lead these efforts by planning and organizing several events that provide space and opportunities for students, faculty, and staff to participate and engage in growing as global Hawks!

Two of this year's signature events are:

The **Multicultural Showcase**, which takes place on Friday, November 14, 2025, at 7 p.m. in the IMU International Ballroom. This event introduces UI students, faculty, staff, and the greater Iowa City community to different cultures through various vocal and dance performances, ethnic dishes to try, as well as interactive tabling hosted by student organizations and UI colleges and departments.

NEW - **The Pecha Kucha event**, taking place on Friday, November 7, 2025, from 11:30 a.m. - 12:30 p.m. at the Iowa City Public Library, features five UI student speakers sharing their experiences through fast-paced Pecha Kucha presentations that highlight the connections between global and local perspectives.

HR November Question of the Month

What are you most thankful for in this season?

What is our team most thankful for??

