

Identify Mentoring Needs

In what area(s) are you seeking mentorship? Are there multiple mentors you may consider?

Below are examples of areas that one might seek mentoring, however, the list is not exhaustive.

Academic Development

- Resources and tips for publishing and writing grants
- Tips for improving teaching skills and engaging with students.
- Advice on navigating promotion and tenure processes

Professional Development

- Strategies for building a professional network.
- Developing skills for leading research teams, committees, and academic departments.
- Techniques for managing conflicts within research teams or academic settings.

Personal Development

- Work-Life Balance: Tips for managing time and stress.
- Self-Care: Importance of mental and physical health.

Institutional Navigation

- Understanding Institutional Culture: Guidance on navigating the specific culture and expectations of the institution.
- Administrative Processes: Tips on managing administrative tasks and understanding institutional policies.

Community Engagement

- Public Scholarship: Engaging with the broader community through public scholarship and outreach.
- Collaborative Projects: Building partnerships with other institutions, industries, or community organizations.