



1. Go to TIAA.org/uiowa
2. Select the tab *Ready to enroll*
3. Choose plan: Defined Contribution Retirement Plan -> *Begin enrollment*
4. If you're new to TIAA, click the *Register Now* link and create a user ID and password. If you already have a TIAA account, you can log in to complete the enrollment process.
5. Follow the prompts to complete the enrollment process. You will be asked to select your investment choice and designate your beneficiaries.
6. Schedule your personal 1:1 meeting at TIAA.org/schedulenow to make sure you're on track for your future financial goals.

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