Referenced Resources

(Leading Remote/Hybrid Teams, UHR Supervisor ICON training)

Campus COVOD-19 Information: [https://coronavirus.uiowa.edu/ (Links to an external site.)](https://coronavirus.uiowa.edu/)

CDC: Isolate If You Are Sick: [https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html (Links to an external site.)](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html)

CDC: People Who Are at Increased Risk for Severe Illness: [https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html](https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-increased-risk.html)

CDC: Underlying Medical Conditions Which May Increase Risk: <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-with-medical-conditions.html>

COVID-19 Temporary Alternative Work Arrangements for Populations with Vulnerabilities: [https://hr.uiowa.edu/support/faculty-and-staff-disability-services/covid-19-temporary-work-arrangements (Links to an external site.)](https://hr.uiowa.edu/support/faculty-and-staff-disability-services/covid-19-temporary-work-arrangements)

[Employee Health and Safety Acknowledgement on Return to CampusPreview the document](https://uiowa.instructure.com/courses/155280/files/12594908/download?wrap=1) (download PDF file)

Employee and Labor Relations (ELR): [https://hr.uiowa.edu/support/employee-and-labor-relations (Links to an external site.)](https://hr.uiowa.edu/support/employee-and-labor-relations)

Faculty and Staff Disability Services (FSDS): [https://hr.uiowa.edu/support/faculty-and-staff-disability-services (Links to an external site.)](https://hr.uiowa.edu/support/faculty-and-staff-disability-services)

Family Services: [https://hr.uiowa.edu/well-being/family-services (Links to an external site.)](https://hr.uiowa.edu/well-being/family-services)

"How to Build Trust in Your Team as a (Newly) Remote Manager" by Carol Gill:  [https://hbrascend.org/topics/how-to-build-trust-in-your-team-as-a-newly-remote-manager/ (Links to an external site.)](https://hbrascend.org/topics/how-to-build-trust-in-your-team-as-a-newly-remote-manager/)

Inclusive Hybrid Teams: [download PDFPreview the document](https://uiowa.instructure.com/courses/155280/files/12591869/download?wrap=1)

Isolation guidance from the CDC [https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html (Links to an external site.)](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/isolation.html)

Leaders need “User Manuals” – and what I learned by writing mine, by Abby Falik: [https://www.linkedin.com/pulse/leaders-need-user-manuals-what-i-learned-writing-mine-abby-falik/ (Links to an external site.)](https://www.linkedin.com/pulse/leaders-need-user-manuals-what-i-learned-writing-mine-abby-falik/)

Onboarding Toolkit: [download PDFPreview the document](https://uiowa.instructure.com/courses/155280/files/12705801/download?wrap=1)

Safety compliance talking points: [download PDFPreview the document](https://uiowa.instructure.com/courses/155280/files/12609016/download?wrap=1)

University of Iowa Health Care: [MyChart login (Links to an external site.)](https://mychart.uihealthcare.org/mychart/)

Virtual Communications Checklist, by Nick Westergaard: [download PDFPreview the document](https://uiowa.instructure.com/courses/155280/files/12591826/download?wrap=1)

Working, Learning, and Leading Remotely: [https://hr.uiowa.edu/development/learning-and-development/working-learning-and-leading-remotely (Links to an external site.)](https://hr.uiowa.edu/development/learning-and-development/working-learning-and-leading-remotely)

Workplace Flexibility, Family Services: [https://hr.uiowa.edu/well-being/family-services/workplace-flexibility (Links to an external site.)](https://hr.uiowa.edu/well-being/family-services/workplace-flexibility)

Managing this evolving situation can cause stress and anxiety. Please remember that the [Employee Assistance Program (EAP)](https://hr.uiowa.edu/well-being/employee-assistance-program) is available to support you. EAP services can be accessed by calling 319-335-2085 during business hours (8 am to 5 pm, Monday–Friday) or emailing [EAPhelp@uiowa.edu.](mailto:EAPhelp@uiowa.edu.)

Accurate information, preparation, and evidence-based practice are powerful tools to help ease feelings of uncertainty and anxiety. Find accurate information about COVID-19 from reliable sources such as the [Centers for Disease Control and Prevention](https://www.cdc.gov/) (CDC), the [National Institutes of Health](https://www.nih.gov/) (NIH), the [World Health Organization](https://www.who.int/) (WHO).